



## Calendario Acquafitness 2022/2023

**LUNEDÌ**

**MARTEDÌ**

**MERCOLEDÌ**

**GIOVEDÌ**

**VENERDÌ**

|   |   |   |   |   |
|---|---|---|---|---|
| 9.00/10.00<br>aquagym<br>vasca grande<br>CHIARA         |   | 9.00/10.00<br>aquagym<br>vasca grande<br>FEDERICA   |   | 9.00/10.00<br>aquagym<br>vasca grande<br>CHIARA     |
|   |   |   |   |   |
| 11.00/12.00<br>aquagym<br>vasca grande<br>SIGISMONDO    | 11.00/12.00<br>aquagym<br>vasca grande<br>CHIARA            | 11.00/12.00<br>aquagym<br>vasca grande<br>FEDERICA  | 11.00/12.00<br>aquagym<br>vasca grande<br>CHIARA        | 11.00/12.00<br>aquagym<br>vasca grande<br>CHIARA    |
|   |   |   |   |   |
| 13.30/14.30<br>hydrobike<br>vasca piccola<br>SIGISMONDO | 13.30/14.30<br>acqua circuit<br>vasca piccola<br>SIGISMONDO |   | 13.30/14.30<br>hydrobike<br>vasca piccola<br>SIGISMONDO |   |
|   |   |   |   |   |
| 19.15/20.15<br>hydrobike<br>vasca piccola<br>SIMONE     | 19.15/20.15<br>aquagym<br>vasca piccola<br>FEDERICA         | 19.15/20.15<br>hydrobike<br>vasca piccola<br>SIMONE |   | 19.15/20.15<br>hydrobike<br>vasca piccola<br>SIMONE |